WHAT IS CLAIMED IS:

1. A method of enhancing hair growth by applying to the scalp, the skin, the eyelashes, eyebrows, mustache region or beard region of a patient a topically active composition comprising a concentration of at least 90 mg extract/ml of solution but less than 300 mg/ml of a *Rubus fruticosus* extract, which increase hair coverage to the scalp after daily application for at leastseven days.
2. A method according to claim 1 wherein said composition comprises a concentration of at least 120 mg/ml but less than 300 mg/ml of a *Rubus fruticosus* extract.
3. A method according to claim 1 wherein said composition comprises a concentration of at least 250 mg/ml but less than 300 mg/ml of a *Rubus fruticosus* extract.
4. A topical composition for enhancing hair growth comprising at least 90 mg/ml less than 300 mg/ml of a *Rubus fruticosus* extract.
5. A topical composition for enhancing hair growth comprising at least 120 mg/ml less than 300 mg/ml of a *Rubus fruticosus* extract.
6. A topical composition for enhancing hair growth comprising at least 250 mg/ml less than 300 mg/ml of a *Rubus fruticosus* extract.
7. A topical composition according to claim 4 wherein said composition further comprises skin care agents

consisting of vitamins, minerals, proteins, peptides, fatty acids, antioxidants, anti-inflammatory agents, darkening agents, botanical extracts and mixtures thereof.

8. A composition for enhancing hair growth on the scalp, the skin, the eyelashes, eyebrows, mustache region or beard region of a patient comprising a concentration of at least 90 mg extract/ml of solution but less than 300 mg/ml of a *Rubus fruticosus* extract and at least 1 weight percent of carbomer by weight of the composition.

CLAIMS:

1. A method of enhancing hair growth by applying to the scalp, the skin, the eyelashes, eyebrows, mustache region or beard region of a patient a topically active composition comprising a concentration of at least 90 mg extract/ml of solution but less than 300 mg/ml of a Rubus fruticosus extract; and additionally comprising at least 1 weight percent of carbomer by weight of the composition, which increase hair coverage to the scalp after daily application for at least seven days;

wherein the extract is produced by a method having the following steps:

(a) addition to blackberry leaves of an extractant containing water and ethanol; and

(b) extraction of the blackberry leaves with the extractant for up to 72 hours at an extraction temperature in the range of from 80°C to 100°C.

2. A method according to claim 1 wherein said composition comprises a concentration of at least 120 mg/ml but less than 300 mg/ml of a Rubus fruticosus extract.

3. A method according to claim 1 or claim 2 wherein said composition comprises a concentration of at least 250 mg/ml but less than 300 mg/ml of a Rubus fruticosus extract.

4. A topical composition for enhancing hair growth on the scalp, the skin, the eyelashes, eyebrows, mustache region or beard region of a patient comprising at least 90 mg/ml less than 300 mg/ml of a Rubus fruticosus extract; and additionally comprising at least 1 weight percent of carbomer by weight of the composition;

wherein the extract is produced by a method having the following steps:

(a) addition to blackberry leaves of an extractant containing water and ethanol; and

(b) extraction of the blackberry leaves with the extractant for up to 72 hours at an extraction temperature in the range of from 80°C to 100°C .

5. A topical composition for enhancing hair growth comprising at least 120 mg/ml less than 300 mg/ml of a Rubus fruticosus extract.

6. A topical composition for enhancing hair growth comprising at least 250 mg/ml less than 300 mg/ml of a Rubus fruticosus extract.

7. A topical composition according to any one of claims 4 to 6 wherein said composition further comprises skin care agents consisting of vitamins, minerals, proteins, peptides, fatty acids, antioxidants, anti-inflammatory agents, darkening agents, botanical extracts and mixtures thereof.

8. Use of a topically active composition comprising a concentration of at least 90 mg extract/ml of solution but less than 300 mg/ml of a Rubus fruticosus extract; and additionally comprising at least 1 weight percent of carbomer by weight of the composition, wherein the extract is produced by a method having the following steps:

(a) addition to blackberry leaves of an extractant containing water and ethanol; and

(b) extraction of the blackberry leaves with the extractant for up to 72 hours at an extraction temperature in the range of from 80°C to 100°C.

for enhancing hair growth by applying to the scalp, the skin, the eyelashes, eyebrows, mustache region or beard region of a patient.

9. A topically active composition comprising a concentration of at least 90 mg extract/ml of solution but less than 300 mg/ml of a Rubus fruticosus extract; and additionally comprising at least 1 weight percent of carbomer by weight of the composition, wherein the extract is produced by a method having the following steps:

(a) addition to blackberry leaves of an extractant containing water and ethanol; and

(b) extraction of the blackberry leaves with the extractant for up to 72 hours at an extraction temperature in the range of from 80°C to 100°C

for use in enhancing hair growth by applying to the scalp, the skin, the eyelashes, eyebrows, mustache region or beard region of a patient.