

Abstract

[0072] The description relates to a clampable fastening device (10) for mounting fittings (12) or other objects in an opening or recess (16) having opposite edges (14) or walls, such as a rectangular opening or recess (16) in a thin or thick wall such as sheet metal or a wooden board (18), comprising a head part (20) which is to be arranged on the one, outer side of the thin or thick wall (18) and which covers the outer rim (22) of the opening or recess (16) and from which there proceeds in the mounted position a foot part (24) which penetrates through the opening (16) or which projects into the recess, holding elements (30) which are displaceable relative to one another against or with spring force in a channel (26) formed in the foot part (24) project from the foot part (24) in direction of its outer surface, the free end (32) of the holding elements (30) having an inclined surface (34) for supporting the foot part (24) without play on the rim or edge (14) of the opening (16) of the other, inner side (36) of the thin wall (14) or obliquely arranged points for penetrating into the wall surface of the opening or recess of the thick wall, wherein the foot part (24) and the holding element (30) are separate parts, wherein the holding elements (30) are displaceable along the channel (26) by means of a screw (44) preferably having a conically shaped region, characterized in that the holding elements (30) are plates which are arranged next to one another or, alternatively, one behind the other and are elongated in the direction of displacement and which jointly or, alternatively, by themselves form with the channel walls a receiving space (38) for receiving a compression spring (28), which receiving space (38) extends in the direction of displacement and becomes smaller when the plates (30) are displaced from their rest position and, as a result, compresses the spring (28), in that the screw(s) (44) having a conically shaped region has (have) a conically shaped foot (40), and in that the plates (30) have, in the vicinity of one end (34), a first inner inclined surface (46) which cooperates with the conical foot (40), which first inner inclined surfaces (46) are only slightly offset with respect to one another in the rest position of the plates but move away from one another when the plates are displaced into the working position.