

ABSTRACT

ANTIVIRAL AGENT AND ANTIVIRAL FOOD

Provided are an antiviral agent and an antiviral food as novel methods for utilizing a *Euglena*-derived material. The antiviral agent and antiviral food, both comprising a *Euglena*-derived material as an active ingredient, are to be used for preventing or treating an infectious disease caused by an envelope-free RNA virus. Examples of the envelope-free RNA virus include rotaviruses belonging to Reoviridae. Examples of the *Euglena*-derived material include *Euglena*, a hot water extract of *Euglena*, paramylon and an alkali-treated paramylon.

FIG. 1