

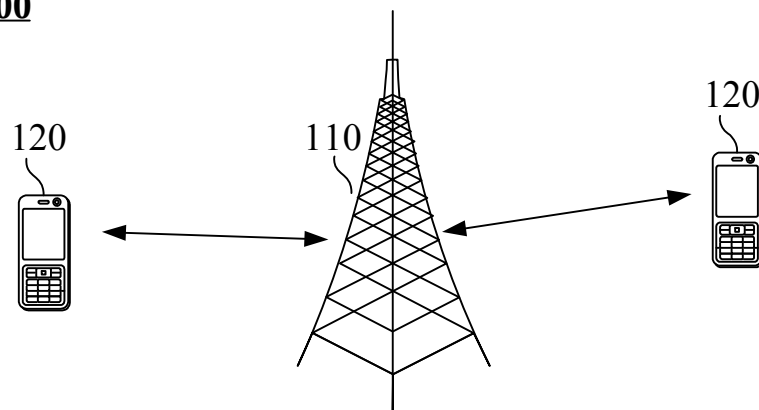
100

Fig. 1

On the basis of the expected sending power of each uplink link in a plurality of uplink links, a terminal device determines the actual sending power of each uplink link

S210

The terminal device uses the actual sending power of each uplink link to send signals on each uplink link

S220

Fig. 2

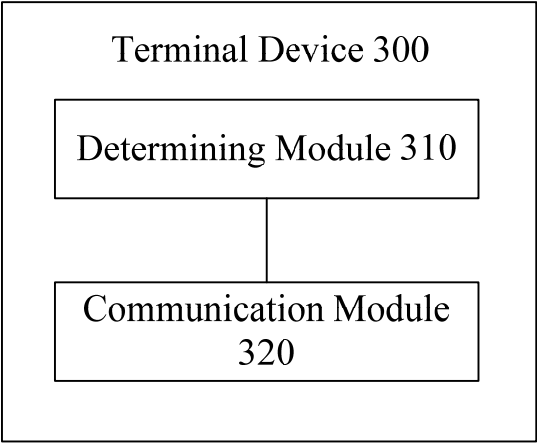


Fig. 3

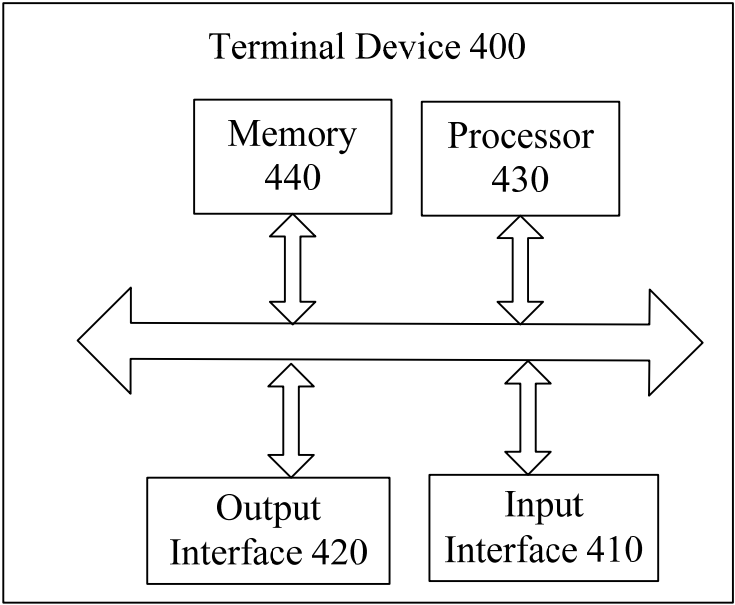


Fig. 4