

ABSTRACT

The present invention solves the problem in the conventional problem that it is not possible to accurately and easily acquire the degree of dietary diversity. A dietary diversity determining apparatus 1 includes: a lower
5 limit storage unit 111 in which lower limit information for specifying an appropriate intake lower limit amount for each of two or more food groups is stored; a presentation information output unit 141 that outputs two or more pieces of presentation information each in a manner in which lower limit
10 information is associated with a food group identifier for identifying a food group corresponding to the lower limit information; a response accepting unit 122 that accepts response information for specifying whether or not food groups respectively corresponding to the two or more pieces of presentation information have been consumed in amounts greater than or equal to those
15 specified by lower limit information respectively corresponding to the two or more pieces of presentation information; a score acquiring unit 132 that acquires a diversity score, which is a score regarding dietary diversity, using the response information accepted by the response accepting unit 122; and a score output unit 142 that outputs the diversity score acquired by the score
20 acquiring unit 132. Accordingly, it is possible to accurately and easily acquire the degree of dietary diversity.

[Selected Figure] FIG. 2