CLAIMS

1. Use of a fermented milk product of a lactic acid bacterium belonging to the genus Lactobacillus in the manufacture of a composition for the amelioration of feeling of fatigue.

2. Use of a fermented milk prepared using a lactic acid bacterium belonging to the genus Lactobacillus in the manufacture of a composition for the amelioration of feeling of fatigue.

3. Use of a lactic acid bacterium belonging to the genus Lactobacillus in the manufacture of fermented milk for the amelioration of feeling of fatigue.

4. Use of a fermented milk product of a lactic acid bacterium belonging to the genus Lactobacillus in the manufacture of a composition for the amelioration of at least one feeling selected from the group consisting of systemic lassitude, systemic malaise, subjective stress, daytime sleepiness, and irritability.

5. Use of a fermented milk prepared using a lactic acid bacterium belonging to the genus Lactobacillus in the manufacture of a composition for the amelioration of at least one feeling selected from the group consisting of systemic lassitude, systemic malaise, subjective stress, daytime sleepiness, and irritability.

6. Use of a lactic acid bacterium belonging to the genus Lactobacillus in the manufacture of fermented milk for the amelioration of at least one feeling selected from the group consisting of systemic lassitude, systemic malaise, subjective stress, daytime sleepiness, and irritability.

7. Use of a fermented milk product of a lactic acid bacterium belonging to the genus Lactobacillus in the manufacture of a composition for the amelioration of subjective symptom of summer fatigue.

8. Use of a fermented milk prepared using a lactic acid bacterium belonging to the genus Lactobacillus in the manufacture of a composition for the amelioration of subjective symptom of summer fatigue.

9. Use of a lactic acid bacterium belonging to the genus Lactobacillus in the manufacture of fermented milk for the amelioration of subjective symptom of summer fatigue.