CLAIMS

[Claim 1]

A beverage containing at least one sesamin-class compound and at least one vitamin B_1 class compound, wherein

the total content of the sesamin-class compound in 100 mL of the beverage is 1 to 100 mg,

the total content of the vitamin B_1 class compound in 100 mL of the beverage is 1 to 100 mg,

the sesamin-class compound is selected from the group consisting of sesamin, episesamin, and a mixture thereof,

the Vitamin B1 class compound is at least one or two member selected from the group consisting of thiamin, thiamine disulfide, benfotiamin, fursultiamin, bisbentiamin, dicetiamin, thiamine ethyl disulfide, thiamine propyl disulfide, and salts thereof, and

the ratio of total amount of the sesamin class compound and vitamin B_1 class compound incorporated is between 1:1 and 2:1.

[Claim 2]

An anti-fatigue agent containing at least one sesamin-class compound and at least one vitamin B_1 class compound as the active ingredients, wherein

the sesamin-class compound is selected from the group consisting of sesamin, episesamin, and a mixture thereof,

the Vitamin B1 class compound is at least one or two member selected from the group consisting of thiamin, thiamine disulfide, benfotiamin, fursultiamin, bisbentiamin, dicetiamin, thiamine ethyl disulfide, thiamine propyl disulfide, and salts thereof, and

the ratio of total amount of the sesamin class compound and vitamin B_1 class compound incorporated is between 1:1 and 2:1.

[Claim 3]

The anti-fatigue agent according to claim 2, for treating or preventing chronic fatigue syndrome.

[Claim 4]

The anti-fatigue according to claim 2 or 3, wherein the total amount of the vitamin B_1 class compound incorporated is between 0.01 and 10 wt% of the total weight of the anti-fatigue agent.

[Claim 5]
The anti-fatigue agent according to any one of claims 2 to 4, wherein the total amount of the vitamin B_1 class compound incorporated is between 0.1 and 5 wt% of the total weight of the anti-fatigue agent.

[Claim 6]
Use of a composition containing at least one sesamin-class compound and at least one vitamin B_1 class compound, wherein
the sesamin-class compound is selected from the group consisting of sesamin, episesamin, and a mixture thereof,
the Vitamin B1 class compound is at least one or two member selected from the group consisting of thiamin, thiamine disulfide, benfotiamin, fursultiamin, bisbentiamin, dicetiamin, thiamine ethyl disulfide, thiamine propyl disulfide, and salts thereof, and
the ratio of total amount of the sesamin class compound and vitamin B_1 class compound incorporated is between 1:1 and 2:1.

[Claim 7]
The use according to claim 6, wherein the total amount of the vitamin B_1 class compound incorporated is between 0.01 and 10 wt% of the total weight of the composition.

[Claim 8]
The use according to claim 6 or 7, wherein the total amount of the vitamin B_1 class compound incorporated is between 0.1 and 5 wt% of the total weight of the composition.

Claims

[Claim 1]
A beverage containing at least one sesamin-class compound and at least one vitamin B_1 class compound;

wherein
the total content of the sesamin-class compound in 100 mL of the beverage is 1 to 100 mg,
the total content of the vitamin B_1 class compound in 100 mL of the beverage is 1 to 100 mg,
the sesamin-class compound is selected from the group consisting of sesamin, episesamin, and a mixture thereof,
the Vitamin B1 class compound is at least one or two member selected from the group consisting of thiamin, thiamine disulfide, benfotiamin, fursultiamin, bisbentiamin, dicetiamin, thiamine ethyl disulfide, thiamine propyl disulfide, and salts thereof, and
the ratio of total amount of the sesamin class compound and vitamin B_1 class compound incorporated is between 1:1 and 2:1.

[Claim 2]
An anti-fatigue agent containing at least one sesamin-class compound and at least one vitamin B_1 class compound as the active ingredients;

wherein
the sesamin-class compound is selected from the group consisting of sesamin, episesamin, and a mixture thereof,
the Vitamin B1 class compound is at least one or two member selected from the group consisting of thiamin, thiamine disulfide, benfotiamin, fursultiamin, bisbentiamin, dicetiamin, thiamine ethyl disulfide, thiamine propyl disulfide, and salts thereof, and
the ratio of total amount of the sesamin class compound and vitamin B_1 class compound incorporated is between 1:1 and 2:1.

[Claim 3]
The anti-fatigue agent according to claim 2 for use in the treatment or prevention of chronic fatigue syndrome.

[Claim 4]
The anti-fatigue agent according to claim 2 or 3, wherein the total amount of the vitamin B_1 class compound incorporated is between 0.01 and 10 wt% of the total weight of the anti-fatigue agent.

[Claim 5]
The anti-fatigue agent according to any one of claims 2 to 4, wherein the total amount of the vitamin B_1 class compound incorporated is between 0.1 and 5 wt% of the total weight of the anti-fatigue agent.

[Claim 6]
The use of a composition containing at least one sesamin-class compound and at least one vitamin B_1 class compound in the manufacture of a medicament in the form of an anti-fatigue agent for the treatment or prevention of chronic fatigue syndrome;

wherein
the sesamin-class compound is selected from the group consisting of sesamin, episesamin, and a mixture thereof,
the Vitamin B1 class compound is at least one or two member selected from the group consisting of thiamin, thiamine disulfide, benfotiamin, fursultiamin, bisbentiamin, dicetiamin, thiamine ethyl disulfide, thiamine propyl disulfide, and salts thereof, and
the ratio of total amount of the sesamin class compound and vitamin B_1 class compound incorporated is between 1:1 and 2:1.

[Claim 7]
The use according to claim 6, wherein the total amount of the vitamin B_1 class compound incorporated is between 0.01 and 10 wt% of the total weight of the composition.

[Claim 8]
The use according to claim 6 or 7, wherein the total amount of the vitamin B_1 class compound incorporated is between 0.1 and 5 wt% of the total weight of the composition.