

ABSTRACT

This cheese-like food contains less than 10% by mass of a cheese raw material, 8 to 30% by mass of a milk protein concentrate, 5 to 35% by mass of an oil or fat, and 0.2 to 2% by mass of an emulsifying salt, and has a total content of the milk protein concentrate and the oil or fat of 35% by mass or more, a solid content of 44 to 60% by mass, and a ratio by mass of lipid/protein of 0.3 to 3.1.