at the second end and wherein the primer is held by the base seal.

12. The projectile according to claim 11 wherein the second set of seals extends about the body at a location surrounding the base seal.

13. The projectile according to any one of claims 6-12 wherein the first set of seals extends about the body at a location between the closed end of the sleeve and the nose.

14. The projectile according to any one of claims 1, 2, and 5 - 13 except when dependent on claim 4 wherein the seals are made of a softer material than the body.

15. A projectile for firing out of a barrel of a small arms weapon, the barrel having an inner diameter, the projectile comprising:

a substantially cylindrical projectile body with first and second axially opposite ends and a cavity defined between the first end and the second end for holding a quantity of propellant, the first end being closed and formed with a nose and the second end being open;

at least two seals extending about an outer circumferential surface of the body, each seal protruding radially from the body to form a substantial seal against an inner circumferential surface of the barrel when the projectile is fired, each seal having a second outer diameter greater than the first outer diameter

the projectile characterised by:

the nose(620) being rounded or in the shape of a conical frustum;

a case in which the projectile is received the case comprising a tube sealed at one end by a base and open at an opposite end, the case fitted over a portion of the cylindrical body with the base adjacent the second end of the cylindrical body and closing the cavity wherein said quantity of propellant is retained within the cavity by the base, and wherein the first end of the cylindrical body protrudes from the open end of the case;

the at least two seals comprise a first seal formed adjacent the second end of the cylindrical body and a second seal formed near the first end of the cylindrical body adjacent the nose, wherein the second seal is at least partially covered by the tube and wherein the tube has an cylindrical wall of constant inner diameter for a section extending between mutually adjacent edges of the first and second seals.

16. The projectile according to claim 15 wherein the second seal extends axially along the cylindrical body from a location inside of the tube to a location outside of the tube.

17. The projectile according to claim 15 or 16 wherein the cavity extends for a length substantially the same as a length of the tube.

18. The projectile according to any one of claims 15 to 17 comprising a primer supported centrally in the base.

19. The projectile according to any one of claims 15 to 18 wherein the seals are formed integrally with the body.

20. The projectile according to any one of claims 15 to 19 wherein the nose is formed integrally with the body.