

ABSTRACT**METHOD FOR MANUFACTURING BAGEL, AND BAGEL FORMED THEREBY**

The present invention provides a method for producing a bagel, and a bagel formed thereby, wherein the method includes a kneading step of mixing bagel ingredients including tangzhong, flour, sugar, salt, Sangmi starter, butter, yeast, and water to form dough, a resting step of portioning the dough and then resting the portioned dough, a shaping step of molding the rested dough into a bagel shape, a fermentation step of fermenting the molded dough, a blanching step of blanching the fermented dough in boiling water, a baking step of baking the blanched dough in an oven, and a cooling step of cooling the baked dough, wherein the tangzhong includes flour, sugar, salt, and water.

[FIG. 1]