WHAT IS CLAIMED IS:

1. A composition comprising:

uniform, rigid, spherical, nanoporous calcium phosphate particles comprising a porous structure that defines an internal space; and

an amount of active agent that is no more than sparingly soluble in water present in the internal space, wherein the amount of active agent present in the internal space is 10% by weight or more of the calcium phosphate particle.

2. The composition according to claim 1, wherein the uniform, rigid, spherical, nanoporous calcium phosphate particle is ceramic.

3. The composition according to claim 1, wherein the uniform, rigid, spherical, nanoporous calcium phosphate particle comprises pores ranging in size from 2 nm to 100 nm.

4. The composition according to claim 1, wherein the active agent is a retinol.

5. The composition according to claim 1, wherein the particle is coated with a material different from the active agent.

6. The composition according to claim 1, wherein the active agent is a resveratrol active agent.

7. The composition according to claim 1, wherein 60% or more of the particles have a diameters ranging from 0.1 to 2 μm.

8. The composition according to claim 1, wherein the composition consists of:

the uniform, rigid, spherical, nanoporous calcium phosphate particles comprising a porous structure that defines an internal space; and

the amount of active agent that is no more than sparingly soluble in water present in the internal space, wherein the amount of active agent present in the internal space is 10% by weight or more of the calcium phosphate particle.

9. A composition comprising:

uniform, rigid, spherical, nanoporous calcium phosphate particles comprising a porous structure that defines an internal space and an amount of active agent that is no more than sparingly soluble in water present in the internal space, wherein the amount of active agent present in the internal space is 10% by weight or more of the calcium phosphate particle and the particles are prepared by the method comprising:

(a) combining:

uniform, rigid, spherical, nanoporous calcium phosphate particles comprising a porous structure that defines an internal space; and

an active agent;

in the presence of a non-aqueous solvent under conditions sufficient for the active agent to enter internal space of the uniform, rigid, spherical, nanoporous calcium phosphate particles to produce active agent loaded uniform, rigid, spherical, nanoporous calcium phosphate particles; and

(b) separating the non-aqueous solvent from the active agent loaded uniform, rigid, spherical, nanoporous calcium phosphate particles.

10. The composition according to claim 9, wherein the method comprises pre-wetting the uniform, rigid, spherical, nanoporous calcium phosphate particles with a non-aqueous solvent to remove gas present inside of the uniform, rigid, spherical, nanoporous calcium phosphate particles.

11. The composition according to claim 9, wherein the uniform, rigid, spherical, nanoporous calcium phosphate particles and active agent are combined in the presence of the non-aqueous solvent under pressure.

12. The composition according to claim 9, wherein the non-aqueous solvent is an organic solvent.

13. The composition according to claim 9, wherein the organic solvent comprises an organic co-solvent.

14. The composition according to claim 9, wherein the non-aqueous solvent is separated from the active agent loaded uniform, rigid, spherical, nanoporous calcium phosphate particles by evaporating the non-aqueous solvent.

15. The composition according to claim 14, wherein the evaporating occurs under negative pressure.

16. The composition according to claim 9, wherein the active agent is a retinol active agent.