

ABSTRACT

A resin sheet includes a base sheet containing a polystyrene-based resin, in which a maximum puncture elastic modulus calculated by the following procedure is 2.4 to 6.4 MPa.

5 [Calculation Procedure of Maximum Puncture Elastic Modulus]

A measurement sample is fixed to a flat plate-shaped jig having a hole with a diameter of 1.0 mm provided in the center portion, a load L (N) and a strain amount ε in a puncture direction when perpendicularly puncturing the surface of the measurement sample with a cylindrical
 10 needle having a diameter of 0.8 mm of which the tip is in the shape of a flat surface at a rate of 0.5 mm/minute are measured, and a value when a ratio of a stress difference to a strain amount difference calculated by Expression: $(\Delta L/S)/\Delta \varepsilon$ (in the expression, S indicates the area (mm^2) of the tip surface of the needle) is maximized at $0.1 \leq \varepsilon \leq 5.0$ is set as the
 15 maximum puncture elastic modulus.