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- (71) Applicant (*for all designated States except US*): **SPORTSCOM DANMARK APS** [DK/DK]; Transformervej 29, DK-2730 Herlev (DK).
- (72) Inventors; and (75) Inventors/Applicants (*for US only*): **LYSTRUP, Kern** [DK/DK]; Tøgersvej 10, DK-3500 Værløse (DK). **LAU-DRUP, Michael** [DK/DK]; Vedbæk Strandvej 464, DK-2950 Vedbæk (DK). **KREUTZFELDT, Mogens** [DK/DK]; P.W. Tegnersvej 21, DK-3070 Snekkersten (DK). **KNUDSEN, Leif** [DK/DK]; Klørvangen 23, DK-8500 Grenå (DK).
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ACTION

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(54) Title: A NUTRITIONAL COMPOSITION FOR DIETARY SUPPLEMENTS

(57) Abstract: By the present invention, a nutritional composition is provided for use as a nutritional supplement to a diet on a regular basis, e.g. on a daily basis. The composition comprises vitamin compounds comprising a selection of vitamins, mineral compounds comprising a selection of minerals, and fish oil granulate in dry pulverised form comprising eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Hereby, a comprehensive nutritional supplement is provided by which the diet may be supplemented not only by minerals and vitamins but also by the omega-3 fatty acids EPA and DHA of the fish oil granulate. Side effects such as bad taste and smell are removed by using the fish oil granulate.