

COMMUNICATION METHOD AND APPARATUS

ABSTRACT

A communication method and apparatus are provided, to improve MCS selection efficiency. The method includes: A first device generates first signaling, where the first signaling includes
5 information about an MCS pattern and information about a target MCS, the MCS pattern corresponds to a plurality of candidate MCSs, the target MCS is determined from the plurality of candidate MCSs, and the target MCS includes a modulation scheme corresponding to each of a plurality of spatial streams between the first device and a second device; and the first device sends the first signaling to the second device. During MCS selection, the first device may select an MCS
10 from the plurality of candidate MCSs corresponding to the MCS pattern. Because a number of the plurality of candidate MCSs corresponding to the MCS pattern is limited, MCS selection efficiency of the first device can be improved.

Fig. 4