CLAIMS

Claim 1. An oral composition comprising:

a mulberry leaf extract; and

at least one of non-polymer catechins,

wherein the at least one of non-polymer catechins is at least one selected from the group consisting of catechin, gallocatechin, catechin gallate, gallocatechin gallate, epicatechin, epigallocatechin, epicatechin gallate, and epigallocatechin gallate,

wherein the oral composition has a mulberry leaf extract content of 20.00 to 53.33 wt% in the solid matter and a non-polymer catechin content of 3.33 to 7.50 wt% in the solid matter,

wherein a weight ratio of the non-polymer catechin content to the mulberry leaf extract content in terms of solid matter is 0.0625 to 0.375.

Claim 2. The oral composition according to claim 1,

wherein the non-polymer catechins are derived from tea leaves.

Claim 3. The oral composition according to claim 1 or 2,

wherein a part or all of the non-polymer catechins are added in the form of non-polymer catechin-containing tea leaves.

Claim 4. The oral composition according to any one of claims 1 to 3, further containing at least one of fructo-oligosaccharide or dextrin.

Claim 5. The oral composition according to claim 4,

wherein the oral composition has a total fructo-oligosaccharide and dextrin content of 5 to 60 wt% in the solid matter.

Claim 6. The oral composition according to any one of claims 1 to 5,
wherein the oral composition is a beverage.

Claim 7. The oral composition according to any one of claims 1 to 6,
wherein the oral composition is a tea beverage.

Claim 8. The oral composition according to any one of claims 1 to 7,
wherein the oral composition is in granular or powder form.

Claim 9. The oral composition according to any one of claims 1 to 8,
wherein the oral composition is a granular beverage.

Claim 10. The oral composition according to any one of claims 1 to 9,
wherein the oral composition is labeled with at least one function claim selected from the group consisting of "suppressing an increase in blood sugar levels after eating", "moderating an increase in blood sugar levels after eating", "slowing down an increase in blood sugar levels", "reducing absorption of sugar in meal", "for those who are concerned about blood sugar levels", "for those who are concerned about blood sugar levels after eating", and "reducing predisposition to an increase in blood sugar levels".