

PHARMACEUTICAL COMPOSITION FOR TREATING INSOMNIA AND PREPARATION METHOD THEREOF

Abstract

A pharmaceutical composition for treating insomnia and preparation method thereof, said pharmaceutical composition comprises Radix Polygoni Multiflori and/or extracts thereof, Semen Ziziphi Spinosae and/or extracts thereof, Fructus Mori and/or extracts thereof, Ganoderma and/or extracts thereof, Bulbus Lili and/or extracts thereof, Rhizoma Anemarrhenae and/or extracts thereof, Radix Salviae Miltiorrhizae and/or extracts thereof, Flos Chrysanthemi and/or extracts thereof, Poria and/or extracts thereof, and Flos Albiziae and/or extracts thereof. The pharmaceutical composition is used to treat insomnia and the symptoms of amnesia, dizziness, lassitude, and soreness and weakness of waist and knees et cetra.