6. The method of claim 1, wherein the identifiers are marked on the wearable device.

7. The method of claim 2, wherein one or more trusted databases store trusted identifiers.

8. The method of claim 7, wherein the steps of linking, by the server, the biometric information of the user with the wearable device comprises comparing the identifier with one or more of the trusted identifiers.

9. A method for authenticating a user of a particular wearable device, the method comprising:

obtaining, by the particular wearable device, one or more biometric readings of the user;

transmitting, by the particular wearable device, the one or more biometric readings to a server and an identifier associated with the particular wearable device;

comparing, by the server, the one or more biometric readings with stored biometric readings for the user, wherein the stored biometric readings for the user are linked to the identifier associated with the particular wearable device;

verifying that the one or more biometric readings correspond to the stored biometric readings to determine whether the user is authenticated for the particular wearable device; and

transmitting, by the server, a message to the user as to whether the user is authenticated for the particular wearable device.

10. A system for wireless communications between two or more users, the system comprising:

a server;

a database in communication with the server;

two or more devices, each of the devices associated with one of the users and comprising:

a central frame;

two lens elements supported by the central frame;

one or more input devices configured to receive input from the associated user; and

one or more transceivers for communicating wirelessly with the server;

wherein each of the devices is adapted to transmit the captured biometric information to the server to verify that the captured biometric data corresponds to the stored biometric information for the associated user;

wherein upon receipt of an appropriate signal by the one or more input devices, the one or more cameras are configured to record video; and

wherein the video is transmitted to the server and linked to the associated user.

35. The system of claim 34, wherein the input device comprises a button.

36. The system of claim 34, wherein the input device comprises cameras for tracking eyeball movement.

37. The system of claim 34, wherein the input device comprises a microphone.

38. The system of claim 37, wherein the appropriate signal can be voice commands.

39. The system of claim 34, wherein the video is transmitted by the device to another device.

40. The system of claim 34, wherein the video is transmitted by the server to an emergency institution.

41. The system of claim 34, wherein the video comprises watermarks, the watermarks comprising data regarding the associated user.