What is claimed is:

1. A flavonoid polyphenol drug self-emulsifying composition, comprising a flavonoid polyphenol drug-phospholipid complex, an oil phase, an emulsifier and a co-emulsifier, wherein the flavonoid polyphenol drug is baicalein;

wherein:

the phospholipid is egg-yolk phospholipid, soybean phospholipid, phosphoglyceride, sphingomyelin, phosphatidylcholine, phosphatidylethanolamine, phosphatidyl serine, phosphatidylinositol, phosphatidyl glycerol, glycerophosphatidic acid, distearyl phosphatidylcholine, dipalmitoyl phosphatidylcholine, dipalmitoyl phosphatidylethanolamine, or dimyristoyl phosphatidylcholine;

the oil phase is one or more selected from the group consisting of ethyl oleate, isopropyl myristate and caprylic capric glyceride;

the emulsifier is one or more selected from the group consisting of caprylic capric polyethylene glycol glyceride, Tween 80, and octyl phenyl polyoxyethylene ether; and

the co-emulsifier is diethylene glycol monoethyl ether and/or propylene glycol monocaprylate,

wherein in the flavonoid polyphenol drug-phospholipid complex, a mass ratio of the flavonoid polyphenol drug to phospholipid is 1:3–1:7, and

based on a total mass ratio of the oil phase, the emulsifier and the co-emulsifier being 100%, the oil phase accounts for 10–30%, the emulsifier accounts for 40–60%, and the co-emulsifier accounts for 30–40%.

2. The flavonoid polyphenol drug self-emulsifying composition according to claim 1, wherein the flavonoid polyphenol drug self-emulsifying composition has a drug loading of 10–110 mg/g.

3. The flavonoid polyphenol drug self-emulsifying composition according to claim 2, wherein the flavonoid polyphenol drug self-emulsifying composition has a drug loading of 10–100 mg/g.

4. The flavonoid polyphenol drug self-emulsifying composition according to claim 1, wherein the flavonoid polyphenol drug self-emulsifying composition has a particle size of 10–1000 nm.

5. A method for preparing the flavonoid polyphenol drug self-emulsifying composition according to any one of claims 1 to 4, comprising the following preparation steps:

(1) a flavonoid polyphenol drug-phospholipid complex is prepared: flavonoid polyphenol drug and phospholipid are dissolved in an organic solvent, subjected to a compound reaction, and dried with the organic solvent removed so that the flavonoid polyphenol drug-phospholipid complex is obtained;

(2) the flavonoid polyphenol drug self-emulsifying composition is prepared: the flavonoid polyphenol drug-phospholipid complex obtained in step (1) is fully mixed with an oil phase, an emulsifier and a co-emulsifier in any sequence,

wherein the flavonoid polyphenol drug is baicalein;

the phospholipid is egg-yolk phospholipid, soybean phospholipid, phosphoglyceride, sphingomyelin, phosphatidylcholine, phosphatidylethanolamine, phosphatidyl serine, phosphatidylinositol, phosphatidyl glycerol, glycerophosphatidic acid, distearyl phosphatidylcholine, dipalmitoyl phosphatidylcholine, dipalmitoyl phosphatidylethanolamine, or dimyristoyl phosphatidylcholine;

the oil phase is one or more selected from the group consisting of ethyl oleate, isopropyl myristate and caprylic capric glyceride;

the emulsifier is one or more selected from the group consisting of caprylic capric polyethylene glycol glyceride, Tween 80, and octyl phenyl polyoxyethylene ether; and

the co-emulsifier is diethylene glycol monoethyl ether and/or propylene glycol monocaprylate,

wherein in the flavonoid polyphenol drug-phospholipid complex, a mass ratio of the flavonoid polyphenol drug to phospholipid is 1:3–1:7, and

based on a total mass ratio of the oil phase, the emulsifier and the co-emulsifier being 100%, the oil phase accounts for 10–30%, the emulsifier accounts for 40–60%, and the co-emulsifier accounts for 30–40%.

6. The method according to claim 5, wherein in step (2): the flavonoid polyphenol drug-phospholipid complex obtained in step (1) is fully mixed with the oil phase, the emulsifier and the co-emulsifier directly; or

the oil phase, the emulsifier and the co-emulsifier are mixed uniformly so that a blank self-emulsifying concentrate is prepared, and then the flavonoid polyphenol drug-phospholipid complex obtained in step (1) is added to the prepared blank self-emulsifying concentrate and fully mixed therewith; or

the flavonoid polyphenol drug-phospholipid complex obtained in step (1) is dissolved in any one of the oil phase, the emulsifier or the co-emulsifier, and then the other two of the oil phase, the emulsifier or the co-emulsifier are added and fully mixed.

7. The method according to claim 5, wherein the organic solvent is one or more selected from the group consisting of ethyl acetate, tetrahydrofuran, methanol, acetone, ethanol, absolute ethanol, n-propanol, isopropanol, n-butanol, isobutanol, tert-butanol, diethyl ether, methyl ethyl ether, dioxane, butanone, petroleum ether, hexane, cyclohexane, dichloromethane, chloroform, carbon tetrachloride, DMSO and DMF, preferably one or more of ethyl acetate, tetrahydrofuran, methanol, ethanol, cyclohexane, DMSO and DMF.

8. A pharmaceutical composition, comprising the flavonoid polyphenol drug self-emulsifying composition according to any one of claims 1 to 4 and an optional pharmaceutically acceptable excipient.

9. The pharmaceutical composition according to claim 8, wherein a dosage form of the pharmaceutical composition comprises an oral preparation, an injection preparation, a transdermal administration preparation, a mucosal administration preparation, a pulmonary inhalation administration preparation or an enteral administration preparation.

10. The pharmaceutical composition according to claim 9, wherein the dosage form of the pharmaceutical composition comprises drops, oral liquids, tablets, capsules, granules, infusion granules, films, gel, powders, emulsions, dripping pills, suppositories, aerosols, sprays, powder aerosols, patches, adhesive plasters, solutions, ointments or cream.

11. A use of the flavonoid polyphenol drug self-emulsifying composition according to any one of claims 1 to 4 or the pharmaceutical composition according to any one of claims 8 to 10 for preparing drugs for anti-bacteria, antivirus, anti-inflammation, inhibiting allergy, regulating immunity, anti-tumor, anti-oxidation, anti-aging, anti-ultraviolet radiation, treatment of hormone deficiency, anti-hypertension, lowering blood fat, anti-atherosclerosis, anti-senile dementia, treatment of hand-foot-mouth diseases, anti-osteoporosis or liver protection.