

ABSTRACT

A nasal congestion reliever (1) is mounted to the nose in order to relieve nasal congestion. The nasal congestion reliever (1) is provided with a pair of storage parts (2) in which a chemical exothermic composition (4) is stored, and a connection part (3) that connects the pair of storage parts (2). The chemical exothermic composition (4) is a tableted product that is made by tableting a raw material. An elastic member (5) that extends the side walls of the nose outward when mounted is provided to the connection part (3).