

ABSTRACT

Embodiments of the present disclosure provide a method for paging monitoring. The method is executed by a terminal, and the method comprises: according to a determination result of whether a cell where a terminal in a radio resource control (RRC) non-connected state resides supports
5 extended discontinuous reception (eDRX) in the RRC non-connected state, determining a paging cycle in which the terminal in the RRC non-connected state performs paging monitoring in the cell, wherein the terminal is pre-configured with eDRX parameters for performing paging monitoring on the basis of eDRX in the RRC non-connected state.

FIG. 4