

COMMUNICATION METHOD AND APPARATUS

ABSTRACT

Embodiments of this application provide a communication method and apparatus. The communication method includes: A network device determines N opportunities, where the N
5 opportunities are within a first time range, and N is a positive integer greater than or equal to 2; and the first time range includes M opportunity windows, an i^{th} opportunity window in the M opportunity windows includes N_i opportunities in the N opportunities, N_i is a positive integer, M is a positive integer, and $i=1, 2, \dots, M$. The network device performs data transmission within two or more of the N opportunities. It can be learned that the network device performs data
10 transmission within the plurality of opportunities within the first time range. This helps perform transmission of a large data packet in a centralized manner within the first time range, and reduces a data transmission delay. In addition, when the data arrives earlier or later than expected, the network device can perform data transmission within an opportunity in the front or the back of the plurality of opportunities in time domain, thereby resolving a data transmission delay problem
15 caused by jitter of an XR service.

FIG. 5