

Abstract

Fastening element (100) for a porous material, in particular for balsa wood, comprising a fastening head
5 (1) configured to receive a torque in both rotational directions around a main axis (10) and a shank (2) that extends from the fastening head (1) and ends in a tip (3) at the end facing away from the fastening head. The shank
10 (2) has an outer thread (4) along at least a section of its extension in a direction of the main axis (10), for screwing the fastening element (100) into the material.

Fig. 1