**Abstract of the Disclosure**

*Rhizoma Drynariae* extract (RDE) is used as therapeutical agent or in the preparation for Osteoporosis, which is characterized in containing over 30 per cent of total flavonoids. Furthermore naringin contained in flavonoids is more than 30 per cent and less than 100 per cent. The RDE is applied for the therapy of osteoporosis or used for producing drugs treating osteoporosis. And methods of extracting the same are also related.





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