## CLAIMS

1. A pharmaceutical composition for treating at least one of a depression and an anxiety disorder, comprising:

   a ginsenoside having an Rg1 and an Rb1;

   a glycyrrhizically related acid being one selected from a group consisting of a glycyrrhizic acid, glycyrrhetinic acid and a combination thereof; and

   a jujuba cyclic adenosine monophosphate (jujuba cAMP).

2. The pharmaceutical composition according to claim 1 comprising 2 ~ 25 parts by weight of the ginsenoside, 3 ~ 46 parts by weight of the glycyrrhizically related acid and 0.002 ~ 0.4 parts by weight of the jujuba cAMP.

3. The pharmaceutical composition according to claim 2 comprising 4 ~ 12 parts by weight of the ginsenoside, 5 ~ 15 parts by weight of the glycyrrhizically related acid and 0.01 ~ 0.08 parts by weight of the jujuba cAMP.

4. The pharmaceutical composition according to claim 1, wherein the ginsenoside is extracted from a ginseng, the glycyrrhizically related acid is extracted from a liquorice, and the jujuba cAMP is extracted from a jujuba.

5. The pharmaceutical composition according to claim 4, wherein the jujuba is extracted for obtaining a first extract having a first jujuba cAMP concentration, the first extract is further extracted for obtaining a second extract having a second jujuba cAMP concentration, the second jujuba cAMP concentration is higher than the first jujuba cAMP concentration, and the second extract is being a raw material in the pharmaceutical composition.

6. A pharmaceutical composition for treating at least one of a depression and an anxiety disorder, comprising:

a ginsenoside; and

a glycyrrhizically related acid being one selected from a group consisting of a glycyrrhizic acid, a glycyrrhetinic acid and a combination thereof.

7. The pharmaceutical composition according to claim 6, wherein the ginsenoside comprises an Rg1 and an Rb1.

8. The pharmaceutical composition according to claim 6 comprising 2 ~ 25 parts by weight of the ginsenoside and 3 ~ 46 parts by weight of the glycyrrhizically related acid.

9. The pharmaceutical composition according to claim 8 comprising 4 ~ 12 parts by weight of the ginsenoside and 5 ~ 15 parts by weight of the glycyrrhizically related acid.

10. A pharmaceutical composition for treating at least one of a depression and an anxiety disorder, comprising a ginseng, a liquorice and a jujuba.

11. The pharmaceutical composition according to claim 10 comprising 4 ~ 60 parts by weight of the ginseng, 2 ~ 30 parts by weight of the liquorice and 2 ~ 40 parts by weight of the jujuba.

12. The pharmaceutical composition according to claim 11 comprising 10 ~ 28 parts by weight of the ginseng, 5 ~ 14 parts by weight of the liquorice and 4 ~ 18 parts by weight of the jujuba.

13. A pharmaceutical composition for treating at least one of a depression and an anxiety disorder, comprising a ginseng and a liquorice.

14. The pharmaceutical composition according to claim 13 comprising 4 ~ 60 parts by weight of the ginseng and 2 ~ 30 parts by weight of the liquorice.

15. The pharmaceutical composition according to claim 14 comprising 10 ~ 28 parts by weight of the ginseng and 5 ~ 14 parts by weight of the liquorice.

16. The pharmaceutical composition according to claim 13 further comprising at least one of a pharmacologically acceptable carrier and an additive.

17. The pharmaceutical composition according to claim 13 having a dosage form selected from a group consisting of a tablet, a capsule, a powder, a pill, a dust, a solution, a microcapsule, a suspension, an emulsion, a particle, a dropping pill and a roll.

18. The pharmaceutical composition according to claim 13 being manufactured as one of a health food and a nutrient supplement.

19. A preparation method of a jujuba cyclic adenosine monophosphate (jujuba cAMP) of a pharmaceutical composition for treating at least one of a depression and an anxiety disorder, comprising steps of:

(a) extracting a jujuba for obtaining a first extract having a first jujuba cAMP concentration; and

(b) purifying the first extract for obtaining a second extract having a second jujuba cAMP concentration,

wherein the second jujuba cAMP concentration is higher than the first jujuba cAMP concentration.

20. The preparation method according to claim 19, wherein the step (b) is processed by chromatographing the first extract with a macroporous resin bound with an aldehyde group.

21. The preparation method according to claim 19, wherein the step (b) further comprises steps of:

(b1) chromatographing the first extract with an OU-2 macrosporous resin bound with the aldehyde group; and

~~(b2) chromatographing the first extract with an ME-2 macroporous resin bound with the aldehyde group.~~

~~22. A method for preparing a jujuba cyclic adenosine monophosphate (jujuba cAMP), comprising steps of:~~

~~(a) extracting a jujuba for obtaining a first extract; and~~

~~(b) chromatographing the first extract with a macroporous resin having an aldehyde group bound thereon.~~

1. A pharmaceutical composition for treating at least one of a depression and an anxiety disorder, comprising:

a ginsenoside having an Rg1 and an Rb1;

a glycyrrhizically related acid being one selected from a group consisting of a glycyrrhizic acid, glycyrrhetinic acid and a combination thereof; and

a jujuba cyclic adenosine monophosphate (jujuba cAMP).

2. The pharmaceutical composition according to claim 1 comprising 2 ~ 25 parts by weight of the ginsenoside, 3 ~ 46 parts by weight of the glycyrrhizically related acid and 0.002 ~ 0.4 parts by weight of the jujuba cAMP.

3. The pharmaceutical composition according to claim 2 comprising 4 ~ 12 parts by weight of the ginsenoside, 5 ~ 15 parts by weight of the glycyrrhizically related acid and 0.01 ~ 0.08 parts by weight of the jujuba cAMP.

4. The pharmaceutical composition according to claim 1, wherein the ginsenoside is extracted from a ginseng, the glycyrrhizically related acid is extracted from a liquorice, and the jujuba cAMP is extracted from a jujuba.

5. The pharmaceutical composition according to claim 4, wherein the jujuba is extracted for obtaining a first extract having a first jujuba cAMP

concentration, the first extract is further extracted for obtaining a second extract having a second jujuba cAMP concentration, the second jujuba cAMP concentration is higher than the first jujuba cAMP concentration, and the second extract is being a raw material in the pharmaceutical composition.

6. A pharmaceutical composition for treating at least one of a depression and an anxiety disorder, comprising:

a ginsenoside having an Rg1 and an Rb1; and

a glycyrrhizically related acid being one selected from a group consisting of a glycyrrhizic acid, a glycyrrhetinic acid and a combination thereof.

7. The pharmaceutical composition according to claim 6 comprising 2 ~ 25 parts by weight of the ginsenoside and 3 ~ 46 parts by weight of the glycyrrhizically related acid.

8. The pharmaceutical composition according to claim 7 comprising 4 ~ 12 parts by weight of the ginsenoside and 5 ~ 15 parts by weight of the glycyrrhizically related acid.

9. The pharmaceutical composition according to claim 6 further comprising at least one of a pharmacologically acceptable carrier and an additive, and being manufactured as one of a healthy food and a nutrient supplement.

10. The pharmaceutical composition according to claim 6 having a dosage form selected from a group consisting of a tablet, a capsule, a powder, a pill, a dust, a solution, a microcapsule, a suspension, an emulsion, a particle, a dropping pill and a roll.

11. The pharmaceutical composition of any one of claims 1 to 10 substantially as hereinbefore described with reference to the preferred embodiments and accompanying figures.