What is claimed is:

1. A device comprising:

a mouthpiece sized and configured to fit into a mouth of a human, the mouthpiece including two opposing U-shaped channels configured to receive one or more teeth of the human; and

a plurality of pairs of electrodes being electrically coupled to a controller and being supported by the mouthpiece, each pair of electrodes comprising an anodic electrode and a cathodic electrode, one of the anodic electrode and cathodic electrode being disposed on an outer surface of one of the U-shaped channels and the other of the anodic electrode and the cathodic electrode being disposed on an inner surface of the same U-shaped channel;

wherein each pair of electrodes is selectively activatable by the controller separate and apart from any other electrode on the mouthpiece.

2. A device according to claim 1, wherein all electrodes disposed on the outer surface of each U-shaped channel are selectively activatable to the same polarity.

3. A device according to claim 1, wherein all electrodes disposed on the outer surface of both U-shaped channels are selectively activatable to the same polarity.

4. A device according to claim 1, where all electrodes disposed on the inner surface of each U-shaped channel are selectively activatable to the same polarity.

5. A device according to claim 4, wherein all electrodes disposed on the inner surface of both U-shaped channels are selectively activatable to the same polarity.

6. A device according to claim 1, wherein the plurality of pairs is eight pairs.

7. A device according to claim 6, wherein four pairs are disposed along surfaces of each U-shaped channel.