

ABSTRACT

In order to solve the problem that it is difficult to obtain more accurate information on a change in subjective information before and after a
5 predetermined action of an individual user, an information processing apparatus 300 includes: a learning information acquisition unit 341 that acquires learning information configured using two or more pieces of training data on two or more users, the training data each having two or more types of biometric attribute values of one user and change information on subjective information about health
10 before and after a predetermined action of the user; an input information acquisition unit 343 that acquires input information containing the two or more types of biometric attribute values of one target user; a change information acquisition unit 345 that acquires the change information on the target user based on the learning information and the input information; and a change
15 information output unit 347 that outputs the change information. With the information processing apparatus 300, it is possible to more accurately predict a change in subjective information before and after a predetermined action of an individual user.

[Selected Figure] FIG. 2