Abstract

The present invention provides a verification method and apparatus. The method comprises: receiving an operation request initiated by a user and physiologic information, of the user, collected by a device (101); determining, according to the physiologic information, whether the user is in a non-operation state (102); and when the user is in a non-operation state, processing, according to a preset rule, the operation request initiated by the user (103). By means of a technical solution of the present invention, security of an account of the user can be enhanced, and real-time protection is provided to the account of the user.