ABSTRACT

Embodiments of this application provide a wireless communication method and a device, to improve communication performance in terms of frequency band deployment, use, and processing. The method includes: determining, by a network device, a first uplink carrier, where the first uplink carrier is one of a plurality of uplink carriers that can be used for a terminal device; and sending, by the network device, first information to the terminal device, where the first information indicates that the terminal device uses or can use the first uplink carrier to perform uplink transmission or processes the first uplink carrier.

Fig. 6