13. A kit for use in the method according to any one of claims 1 - 12, comprising: (i) a porous body having pores capable of immobilizing a target monoclonal antibody, (ii) nanoparticles immobilizing a protease on surfaces thereof, and (iii) an instruction manual for instructing a user to bring the target monoclonal antibody and the protease into contact with each other in a liquid by stirring or tapping rotation stirring at a low speed of less than 100 rpm so as to maintain a uniform dispersion, wherein an average particle size of the nanoparticles is larger than a pore diameter of the porous body.

14. The kit according to claim 13 further comprising an affinity means for separating and purifying an antibody.

15. The kit according to any one of claims 13 and 14, wherein the porous body has a linker molecule bound to the surfaces of the nanoparticles and inner surfaces of the pores.

16. The kit according to claim 15 wherein the linker molecule is an antibody binding polypeptide.

17. The method according to claim 4, wherein the low speed is 10 rpm or less.

18. The kit according to claim 13, wherein the low speed is 10 rpm or less.