

ABSTRACT

There is provided a spectacle lens, including: a base region where a light flux incident from an object-side surface is emitted from an eyeball-side surface and converges on a retina through an eyeball; a plurality of defocus regions in contact with the base region and having a property that the light flux passing through at least a part of the defocus region is incident on a retina as a divergent light; and a first defocus region arrangement portion in which the plurality of defocus regions are arranged in such a manner that a 4 mm diameter circular region including only one defocus region exists in a circle in a planar view of the object-side surface.