

ABSTRACT

OIL-AND-FAT COMPOSITION

5 The present invention addresses the problem of
providing an ascorbic acid-containing oil and fat that
allows improvement of ascorbic acid content in the ascorbic
acid-containing oil and fat and that can be used for a
variety of food items. In this oil-and-fat composition, an
10 appropriate amount of ascorbic acid is contained, and the
ascorbic acid is contained as an aqueous solution having a
pH of 2.5-5.3.

[No figure]