What is claimed is:

1. An ophthalmic lens, comprising:

a first region corresponding to a first area of an optical surface of the ophthalmic lens; and

a second region corresponding to a second area of the optical surface of the ophthalmic lens different from the first area, the second region comprising an optically-switchable component switchable between a first optical state and a second optical state different from the first optical state, wherein in the first optical state the second region partially scatters light incident on the second area,

wherein in the second optical state, the second region partially scatters light incident on the second area by an amount that is different than the first optical state,

wherein the second area corresponds to a person's peripheral visual field and in the first optical state the scattering reduces an image contrast by 40% or more and provides a visual acuity of 20/30 or better.

2. The ophthalmic lens of claim 1, wherein, in at least one optical state, the first area is a transparent area.

3. The ophthalmic lens of claim 1, wherein the first area has a maximum dimension in a range from 2 mm to 10 mm.

4. The ophthalmic lens of claim 1, wherein the first area is a circular area.

5. The ophthalmic lens of claim 1, wherein the first region comprises the optically-switchable component and is switchable between a transparent optical state and a partially scattering optical state.

6. The ophthalmic lens of claim 1, wherein the second area surrounds the first area.

7. The ophthalmic lens of claim 1, wherein in the second optical state, the second region is transparent.

8. The ophthalmic lens of claim 1, wherein the optically-switchable component is switchable between more than two optical states.

9. The ophthalmic lens of claim 8, wherein the optically-switchable component is continuously tunable between different optical states.

10. The ophthalmic lens of claim 1, wherein the first area intersects with an optical axis of the ophthalmic lens and/or the first area corresponds with a user's foveal visual field for distance viewing.

11. The ophthalmic lens of claim 1, wherein the optically-switchable component comprises an electro-optic material.

12. The ophthalmic lens of claim 11, wherein the electro-optic material comprises a liquid crystal material.

13. The ophthalmic lens of claim 12, wherein the electro-optic material is a polymer-dispersed liquid crystal (PDLC) material.

14. The ophthalmic lens of claim 11, wherein the electro-optic material is arranged in a layer between two transparent substrates, wherein at least one substrate supports an electrode layer.

15. The ophthalmic lens of claim 14, wherein the electrode layer is formed from a transparent electrically-conducting material.

16. The ophthalmic lens of claim 15, wherein each of the substrates support an electrode layer and at least one of the electrode layers is a patterned electrode layer comprising a first electrode corresponding to the first region and a second electrode corresponding to the second region.