CLAIMS

WHAT IS CLAIMED IS:

1. ~~A~~ Use of a composition ~~for use in a skin exfoliation treatment~~ comprising a pharmaceutically acceptable carrier and a concentration of at least 3%, at least 4%, at least 5%, at least 6%, at least 7%, at least 8%, at least 9%, at least 10% or more of a retinol solution, wherein the retinol solution is prepared from a substantially pure retinol source in the manufacture of a medicament for skin exfoliation treatment.

2. The ~~composition~~ use of clam 1, wherein said ~~composition~~ medicament is substantially free of a surfactant, a stabilizer, or both.

3. The ~~composition~~ use of claim 1, wherein said retinol solution has a purity of at least about 98%.

4. The ~~composition~~ use of claim 1, wherein said retinol solution is prepared from a powder with a purity of at least 98%.

5. The ~~composition~~ use of claim 1, wherein said retinol solution is present at a concentration of 3% or 5%.

6. A kit for exfoliating skin comprising:

   a. a skin cleanser;
   b. an acidic solution;
   c. a retinol solution, wherein the retinol solution is prepared from a substantially pure retinol source; and
   d. instructions for applying solutions.

7. The kit of claim 6, wherein said skin cleanser comprises an isopropyl alcohol solution.

8. The kit of claim 6, wherein said acidic solution comprises lactic acid, salicylic acid, and resorcinol.

9. The kit of claim 8, wherein said acidic solution further comprising Isoceteth-20, Panthenol, or a combination thereof.

10. The kit of claim 6, wherein said retinol solution comprises a concentration of about at least 3%, at least 4%, at least 5%, at least 6%, at least 7%, at least 8%, at least 9%, at least 10% or more.

11. The kit of claim 6, wherein said retinol solution does not contain a surfactant, a stabilizer, or both.

12. The kit of claim 6, wherein said retinol solution has a purity of at least about 98%.

13. A method for skin exfoliation, the method comprising:
    a. cleansing skin to be exfoliated;
    b. applying an acidic solution to the skin; and
    c. applying a retinol solution to the skin; wherein said retinol solution contains a concentration of about at least 3%, at least 4%, at least 5%, at least 6%, at least 7%, at least 8%, at least 9%, at least 10%, or more of retinol, wherein said retinol solution is prepared from a substantially pure source, and wherein said retinol solution is applied to the skin after the acidic solution is applied to the skin.

14. The method of claim 13, wherein ~~(a)~~step a. comprises applying an alcohol solution to the skin.

15. The method of claim 14, wherein ~~said alcohol solution comprises an isopropyl alcohol solution.~~

~~16. The method of claim 13, wherein said retinol solution is applied to the skin after the acidic solution is applied to the skin and wherein said solution does not contain a surfactant or a stabilizer.~~

~~17. The method of claim 13, wherein said acidic solution comprises a combination of lactic acid, salicylic acid, and resorcinol.~~

~~18. The method of claim 17, wherein the acidic solution further comprises Isoceteth-20, Panthenol, or a combination thereof.~~

~~19. The method of claim 13, wherein said method improves overall photodamage, appearance of fine lines and wrinkles, skin tone unevenness, or a combination thereof.~~

~~20. The method of claim 19, wherein said improvement is at least 1.5 fold or at least 2-fold compared to untreated skin.~~

a. the alcohol solution comprises an isopropyl alcohol solution;

b. the retinol solution is applied to the skin after the acidic solution is applied to the skin and the acidic solution does not contain a surfactant or a stabilizer;

c. the acidic solution comprises a combination of lactic acid, salicylic acid, and resorcinol;

d. the acidic solution further comprises Isoceteth-20, Panthenol, or a combination thereof, and;

e. the method improves overall photodamage, appearance of fine lines and wrinkles, skin tone unevenness, or a combination thereof, and the improvement is at least 1.5 fold or at least 2-fold compared to untreated skin.