

TITLE OF THE INVENTION

**SPIRO PIPERIDINES AND HOMOLOGS PROMOTE RELEASE OF
GROWTH HORMONE**

5 **ABSTRACT OF THE DISCLOSURE**

There are disclosed certain novel compounds identified as
spiro piperidines and homologs which promote the release of growth
hormone in humans and animals. This property can be utilized to
10 promote the growth of food animals to render the production of edible
meat products more efficient, and in humans, to treat physiological or
medical conditions characterized by a deficiency in growth hormone
secretion, such as short stature in growth hormone deficient children,
and to treat medical conditions which are improved by the anabolic
15 effects of growth hormone. Growth hormone releasing compositions
containing such spiro compounds as the active ingredient thereof are
also disclosed.

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