

ABSTRACT

Method for Culturing Lactic Acid Bacteria, and a Food and Drink Product

The object of the present invention is to provide a method of culturing lactic acid bacteria to obtain a lactic acid bacteria culture in which the number of lactic acid bacteria can be stably maintained, and to obtain food and drink products comprising a lactic acid bacteria culture excellent in product stability.

In order to accomplish the object, the present invention provides a method of culturing lactic acid bacteria comprising inoculating lactic acid bacteria to a medium comprising a milk ingredient having a free phosphoric acid concentration of less than 0.25 wt%, and a phosphate, and food and drink products comprising the lactic acid bacteria culture obtained by this culturing method.