16. A moveable protection system for use in constructing a multi-level building including:

means for releasably mounting the protection system to the building;

at least one protective screen for enclosing at least part of the periphery of two or more levels of the building that are under construction;

a supporting surface for bearing the weight of at least one worker;

shoes operable to rest on a level of the building that is under construction in order to substantially close a gap between the protective screen and the building at an access location between the supporting surface and the level of the building that is under construction;

means for raising the protection system with respect to the building.

17. A moveable protection system according to claim 16 including at least one openable section for facilitating access to a materials delivery system from an enclosed level of the building.

18. A moveable protection system according to claim 17 wherein the materials delivery system is insertable through the openable section.

19. A moveable protection system according to claim 17 or claim 18 wherein the materials delivery system is connectable to the moveable protection system.

20. A moveable protection system according to any one of claims 16 to 19 wherein the openable section is a hinged screen.

21. A moveable protection system according to any one of claims 16 to 20 wherein the means for raising the protection system is a hydraulic device.

22. A moveable protection system according to any one of claims 16 to 21 wherein the at least one protective screen is multi-perforate.

23. A moveable protection system according to any one of claims 16 to 22 including a plurality of screens connected together to form a safety barrier.

24. A moveable protection system according to any one of claims 16 to 23 including an aperture for accommodating a passenger lift.

25. A moveable protection system according to any one of claims 16 to 24 wherein the shoes are in the form of flip-down panels.

26. A method of constructing a multi-level building having a pre-determined number of levels, the method including the steps of:

a) releasably mounting a moveable protection system according to any one of claims 16 to 25 to the building thereby to enclose at least part of the periphery of two or more levels of the building;

b) installing formwork on the uppermost enclosed level;

c) completing a fixed external barrier substantially around the lowest enclosed level, wherein the barrier includes an externally facing facade;

d) thereafter raising the moveable protection system by a height substantially corresponding to one level of the building; and

e) repeating steps (b), (c) and (d) until step (b) has been completed for the predetermined number of levels.

27. A construction planning method, including the steps of setting dates associated with:

a) selecting sub-contractors including:

i. setting time periods for obtaining measurements, plans and specifications of deliverables; and

ii. setting sub-contractor timetables for selecting and sourcing materials, fabrication, delivery and installation;

b) starting and completing each cycle of construction;

c) assignment of worker duties to coordinate with the sub-contractor timetables;

d) sequencing construction steps to coordinate sub-contractor activities; and

e) carrying out the method according to any one of claims 1 to 15 or 26.

28. A moveable protection system according to any one of claims 16 to 25 for use in the method according to any one of claims 1 to 15 or 26 or 27.