

ABSTRACT

Provided is a sirtuin-1 activation agent including a natural extract, having high safety as an active ingredient, and a skin cosmetic for activating sirtuin 1. *An extract of echinacea and/or*
5 *banana is used as an active ingredient of the sirtuin-1 activation agent of the present invention.* Further, the skin cosmetic for activating sirtuin 1 of the present invention is mixed with the extract of echinacea and/or banana.