

ABSTRACT

To provide a composition having a variety of utilization properties, with good shape retainability and excellent adhesion property, in a composition containing diverse foods.

A paste containing fine food particles, comprising fine food particles of one or more selected from the group consisting of a seed, grain, a legume, an alga, a vegetable and a fruit, and an oil/fat, wherein the paste satisfies all of (1) to (5) and satisfies one or more of (6-1) to (6-3):

- (1) a content of fine food particles is 15% by mass or more and 85% by mass or less;
- (2) a total oil/fat proportion is 20% by mass or more and 75% by mass or less;
- (3) when ultrasonication is carried out, a modal diameter after the treatment is 0.3 μm or more and 200 μm or less;
- (4) a water content is 20% by mass or more and 80% by mass or less;
- (5) a maximum particle size is larger than 100 μm ;
- (6-1) a contact angle on a clean glass surface placed horizontally at a measurement temperature of 20°C is 40° or more and 160° or less;
- (6-2) a sliding angle on a clean glass surface at a measurement temperature of 20°C is 50° or more; and

(6-3) an advancing contact angle on a clean glass surface at a measurement temperature of 20°C and a tilt angle of 45° is 50° or more.