

CLAIMS

1. A beverage comprising:

catechin compound(s) at a content of 1 to 600 ppm, wherein the catechin compound(s) is one or more compounds selected from the group consisting of catechin, epicatechin, gallic acid, epigallocatechin, catechin gallate, epicatechin gallate, gallic acid gallate, and epigallocatechin gallate; and

RebD and/or RebM at a total content of 20 to 300 ppm;

wherein a weight ratio of a total content (B) of RebD and RebM to a content (A) of the catechin compound(s) is 0.43 to 3.00, wherein said weight ratio refers to as B/A.

2. The beverage according to claim 1, wherein the weight ratio of the total content (B) of RebD and RebM to the content (A) of the catechin compound(s) is 0.60 to 0.80, wherein said weight ratio refers to as B/A.

3. The beverage according to claim 1 or 2, wherein the catechin compound(s) are derived from a tea extract.

4. The beverage according to claim 3, wherein the tea extract is derived from *Camellia sinensis*.