**CLAIMS:**

1. A coupling assembly for an ostomy appliance comprising a locking arrangement, a first coupling and a second coupling, wherein the locking arrangement comprises:

a locking ring, mounted to first and/or second coupling, forming an inner circumference and being adjustable between locked and unlocked configurations, wherein in the locked configuration the locking ring is for maintaining the first and second couplings in a coupled configuration and the inner circumference is less than in the unlocked configuration; and

first and second grips mounted to the locking ring, wherein the first and second grips are positioned about the locking ring to be moveable towards one another to increase the inner circumference and adjust the locking ring from the locked configuration to the unlocked configuration,

wherein, the coupling assembly further comprises a first grip constraining arrangement configured to constrain radial and/or circumferential movement of the first and second grips when the locking ring is adjusted between the locked and unlocked configurations, wherein the first grip constraining arrangement comprises at least one constraining pin slidably mounted in at least one constraining slot, the at least one constraining slot being formed in at least one of the locking ring, first pinch tab and second pinch tab and the at least one constraining pin being attached to the first coupling or vice-versa.

2. A coupling assembly according to claim 1 further comprising a second grip constraining arrangement configured to constrain radial and/or circumferential movement of the first and second grips when the locking ring is adjusted between the locked and unlocked configurations, wherein the second grip constraining arrangement comprises a radially extending constraining protrusion mounted in at least one radially extending constraining recess, the first coupling comprising the constraining protrusion and the locking ring comprising the at least one constraining recess or vice-versa.

3. A coupling assembly for an ostomy appliance comprising a locking arrangement, a first coupling and a second coupling, wherein the locking arrangement comprises:

a locking ring, mounted to first and/or second coupling, forming an inner circumference and being adjustable between locked and unlocked configurations, wherein in the locked configuration the locking ring is for

maintaining the first and second couplings in a coupled configuration and the inner circumference is less than in the unlocked configuration; and

first and second grips mounted to the locking ring, wherein the first and second grips are positioned about the locking ring to be moveable towards one another to increase the inner circumference and adjust the locking ring from the locked configuration to the unlocked configuration,

wherein, the coupling assembly further comprises a second grip constraining arrangement configured to constrain radial and/or circumferential movement of the first and second grips when the locking ring is adjusted between the locked and unlocked configurations, wherein the second grip constraining arrangement comprises a radially extending constraining protrusion mounted in at least one radially extending constraining recess, the first coupling comprising the constraining protrusion and the locking ring comprising the at least one constraining recess or vice-versa.

4. A coupling assembly according to any one of the preceding claims further comprising a sealing arrangement extending around a coupling aperture, the sealing arrangement being located between the first and second couplings in the coupled configuration; wherein, in the coupled configuration the sealing arrangement is compressed along the axial direction to form a seal between the first and second couplings and the sealing arrangement is located adjacent to and at least partially bounds the coupling aperture.

5. A coupling assembly for an ostomy appliance comprising a locking arrangement, a first coupling and a second coupling, wherein the locking arrangement comprises:

a locking ring, mounted to first and/or second coupling, forming an inner circumference and being adjustable between locked and unlocked configurations, wherein in the locked configuration the locking ring is for maintaining the first and second couplings in a coupled configuration and the inner circumference is less than in the unlocked configuration; and

first and second grips mounted to the locking ring, wherein the first and second grips are positioned about the locking ring to be moveable towards one another to increase the inner circumference and adjust the locking ring from the locked configuration to the unlocked configuration,

wherein the coupling assembly further comprises a sealing arrangement extending around a coupling aperture, the sealing arrangement being located between the first and second couplings in the coupled configuration; wherein, in the coupled configuration the sealing arrangement is compressed along the axial direction to form a seal between the first and

second couplings and the sealing arrangement is located adjacent to and at least partially bounds the coupling aperture.

6. A coupling assembly as claimed in claim 4 or 5 wherein the coupling aperture is bounded by the first coupling, the second coupling and the sealing arrangement.

7. A coupling assembly as claimed in any one of claims 4 to 6 wherein the first and second couplings extend circumferentially around the coupling aperture.

8. A coupling assembly as claimed in any one of the preceding claims wherein the locking ring is springy and resiliently biased to return from the unlocked configuration to the locked configuration.

9. A coupling assembly as claimed in any one of the preceding claims wherein the locking ring comprises first and second locking ring ends moveable relative to one another between the locked and unlocked configurations.

10. A coupling assembly as claimed in claim 9 wherein the locking ring extends around a length that is greater than the inner circumference in the locked configuration.

11. A coupling assembly as claimed in claim 10 wherein the distance between the first and second grips around the length of the locking ring is greater than the inner circumference in the locked configuration.

12. A coupling assembly as claimed in any one of the preceding claims further comprising first and second pinch tabs extending from the locking ring and comprising the first and second grips respectively.

13. A coupling assembly as claimed in claim 12 wherein the first pinch tab extends around the locking ring between a first tab distal end and a first tab proximal end, the second pinch tab extends around the locking ring between a second tab distal end and a second tab proximal end and the first and second tab distal ends form the first and second grips.

14. A coupling assembly as claimed in claim 13 wherein in the locked configuration the first and second tab distal ends are aligned with the second and first tab proximal ends respectively.

15. A coupling assembly as claimed in any one of claims 12 to 14 wherein the first and second pinch tabs slide adjacent to one another when the locking ring is adjusted between the locked and unlocked configurations.

16. A coupling assembly as claimed in any one of the preceding claims wherein the locking ring comprises at least one locking tab extending inwardly around the inner circumference for maintaining the coupling assembly in the coupled configuration when the locking ring is in the locked configuration.

17. A coupling assembly as claimed in claim 16 wherein the locking ring is mounted to the first coupling and the at least one locking tab is configured to engage with the second coupling when in the coupled and locked configurations to maintain the first and second couplings in the coupled configuration.

18. A coupling assembly as claimed in claim 17 wherein the first coupling comprises at least one first coupling opening, the at least one locking tab being configured to engage the second coupling through the at least one first coupling opening when in the coupled and locked configurations to maintain the first and second couplings in the coupled configuration.

19. A coupling assembly as claimed in any one of the preceding claims further comprising a centring arrangement configured to constrain circumferential movement of at least a portion of the locking ring when the locking ring is adjusted between the locked and unlocked configurations.

20. A coupling assembly as claimed in claim 19 wherein the centring arrangement comprises at least one centring protrusion mounted in at least one centring recess, the first coupling comprising the at least one centring protrusion and the locking ring comprising the at least one centring recess or vice-versa.

21. An ostomy appliance comprising the coupling assembly of any preceding claim, a pouch and a wafer, wherein the first coupling is attached to the wafer and the second coupling is attached to the pouch or vice-versa such that the wafer and pouch can be disconnected by uncoupling the first and second couplings.