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(54) Title: COMPOSITIONS CONTAINING NICOTINAMIDE AND VITAMIN B6 AND METHODS OF USING SUCH COMPOSITIONS FOR PROMOTING MUSCLE GROWTH

(57) Abstract: A composition contains Nicotinamide and Vitamin B6, for example pyridoxine. The composition may be an oral nutritional composition, for example an infant formula, a follow up formula, a nutritional supplement, an oral nutritional supplement, a food product. The composition can be administered to an individual in need thereof for promoting muscle growth and/or for maintaining and/or increasing muscle function and/or muscle mass in infants and children. For example, the composition can be useful for increasing muscle function and/or muscle mass by modulating muscle stem cells.



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