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(54) Title: ABSORPTION OF MINERALS BY INTESTINAL CELLS

(57) Abstract

A method for increasing or facilitating the absorption of minerals from the diet. A nutritional composition which contains *lactobacilli* is enterally administered to a mammal. The nutritional composition is suitable for the treatment or prophylaxis of subjects having mineral deficiencies, or to compensate for physiological deficiencies due to a diet low in minerals, or to satisfy major physiological requirements for minerals in young children, pregnant women, women who are breastfeeding and the elderly.