Claims

[Claim 1]

A method for producing instant noodles, comprising the following steps 1 to 3:

step 1: kneading a raw material powder, water and kansui to produce noodle dough;

step 2: producing noodle strings from the noodle dough; and

step 3: adding potassium lactate to the noodle strings by dipping the noodle strings in a liquid seasoning, wherein a concentration of the potassium lactate in the liquid seasoning is 1.0 to 10.0% by weight.

[Claim 2]

The method for producing instant noodles according to claim 1, wherein the raw material powder contains gluten.

[Claim 3]

The method for producing instant noodles according to claim 1 or 2, wherein the noodle strings are gelatinized before the step 3.

[Claim 4]

The method for producing instant noodles according to any one of claims 1 to 3, wherein the raw material powder contains wheat flour.