Claims:

1. Use of about 300 to about 1000 mg per day of a dry concentrate of fenugreek seed extract for the preparation of a medicament for the enhancement of female libido in a female mammal in need thereof, wherein the enhancement of female libido is indicated by a modified behavioral characteristic or biological response indicative of an increase in female libido, wherein the extract is at least equivalent to 9.9 g of dry fenugreek seed.

2. Use of about 300 to about 1000 mg of a dry concentrate of at least 33:1 of fenugreek seed extract for the preparation of a medicament for the enhancement of female libido in a female mammal in need thereof, wherein the enhancement of female libido is indicated by a modified behavioral characteristic or biological response indicative of an increase in female libido.

3. The use of claim 1 or 2, wherein the behavioral characteristic indicative of an increase in female libido is selected from the group consisting of increasing sexual fantasy, increasing arousal, increasing sex drive, enhancing partner relationship and increasing desire for sexual activity.

4. The use of claim 1 or 2, wherein the biological response indicative of an increase in female libido is selected from the group consisting of increasing an ability to achieve orgasm, decreasing dyspareunia, and increasing vaginal lubrication or dilation.

5. The use of claim 1 or 2, wherein the biological response indicative of an increase in female libido is a change in the level of a sex steroid or hormone.

6. The use of claim 5, wherein the sex steroid or hormone is selected from the group consisting of total testosterone, free testosterone, sex hormone binding globulin, and total estradiol free estradiol (E2).

7. The use of any one of claims 1 to 6, wherein the about 300 to about 1000 mg of a dry concentrate is prepared in two equal doses.

8. The use of any one of claims 1 to 7, wherein about 600 mg per day of the dry concentrate of fenugreek seed extract is used for the preparation of the medicament.

9. The use of claim 8, wherein the 600 mg is prepared in two equal doses.

10. The use of any one of claims 1 to 9, wherein the fenugreek seed extract is suitable for administration approximately one hour before a meal.

11. The use of claim 9 or 10, wherein one dose of the fenugreek seed extract is suitable for administration approximately one hour before a morning meal and a second dose is suitable for administration approximately one hour before an evening meal.

12. The use of any one of claims 1 to 11, wherein the female is a human.

13. The use of any one of claims 1 to 12, wherein the medicament is in an oral dosage form.

14. The use of any one of claims 1 to 13, wherein enhancement of female libido is indicated by a statistically significant increase in one or more DISF domain scores.

15. The use of any one of claims 1 to 14, wherein enhancement of female libido is indicated by a statistically significant increase in one or more FSFI domain scores or in total FSFI score.