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(54) Title: FIBER AND PROBIOTICS FOR REDUCING INTESTINAL SYMPTOMS RELATED TO CHRONIC STRESS

(57) Abstract: The present invention provides a composition that is suitable to reduce the impact of chronic stress on intestinal symptoms and/or conditions. The composition comprises a probiotic microorganism and soluble fiber. Preferably, the soluble fiber is a low viscosity soluble fiber. The composition is in particular suitable to alleviate abdominal discomfort, abdominal pain, abdominal cramps, and bowel movement disturbances; in as far as these conditions and symptoms are associated with stress.

