

ABSTRACT

The present invention is characterized in that an oral composition contains scutellaria root, cinnamon bark and poria sclerotium. When a content ratio of the scutellaria root in the oral composition is defined as X_A [mass%] and a content ratio of the cinnamon bark in the oral composition is defined as X_B [mass%], it is preferred that the following relation is satisfied: $0.00005 \leq X_B/X_A \leq 20000$. Further, when the content ratio of the scutellaria root in the oral composition is defined as X_A [mass%] and a content ratio of the poria sclerotium in the oral composition is defined as X_C [mass%], it is preferred that the following relation is satisfied: $0.000025 \leq X_C/X_A \leq 40000$. This makes it possible to obtain an oral composition that contains a plurality of crude drugs and has a bad breath prevention effect which is obtained in a lower dosage than a used dosage of a single crude drug.