

ABSTRACT

This application provides a method for sending a trigger frame in a wireless local area network. The method includes: An AP generates a physical layer protocol data unit PPDU, where the PPDU includes one or more trigger frames, each trigger frame corresponds to one frequency
5 segment, and each trigger frame is used to schedule at least one or more stations parking on the corresponding frequency segment; and sends the one or more trigger frames in the PPDU, where each trigger frame is carried in the corresponding frequency segment.

FIGURE 4