CLAIMS

The invention is claimed as follows:

1. A wearable package comprising:

~~a first compartment for housing a product; and~~

~~a second compartment for housing a bi-stable band, wherein the package is so constructed and arranged to be worn by a consumer.~~ a flexible container defining a first compartment and a second compartment, the flexible container having a length and a width;

a food product positioned within the first compartment; and

a bi-stable band positioned within the second compartment, the bi-stable band moveable between a straight position wherein the flexible container is supported in a flat orientation and a coiled position wherein the flexible container is positionable around the wrist of a consumer;

wherein the first compartment is sealed; and

wherein the first compartment has a volume from about 1 ounce to about 4 ounces.

2. The package according to ~~Claims 1, wherein the consumer is selected from the group consisting of an athlete, a parent, a child, a pet, an academic, and combinations thereof.~~ claim 1, further comprising a one-way valve positioned in the flexible container in fluid communication with the first compartment to access the food product within the first compartment when the one-way valve is operated from a closed position to an open position.

3. The package according to ~~any one of Claims 1-2~~claim 1, wherein the ~~package~~ flexible container is from about 2 to about 10 inches long.

4. The package according ~~to any one of Claims 1-3~~claim 1, wherein the ~~package~~ flexible container is from about 0.5 to about 4 inches in width.

~~5. The package according to any one of Claims 1-4, wherein the first compartment has a volume from about 1 ounces to about 4 ounces.~~

~~6.~~5. The package according to ~~any one of Claims 1-5~~claim 1, wherein the ~~first compartment is so constructed and arranged to house at least one of:~~food product is at least one of a solid product, a liquid product, and a semi-solid product~~, and combinations thereof.~~.

~~7.~~6. The package according to ~~any one of Claims 1-6~~claim 1, wherein the first compartment is divided into at least two separate portions, and wherein the food product is positioned within each of the separate portions.

~~8.~~7. The package according to ~~any one of Claims 1-7~~claim 1, wherein the ~~first compartment is refillable~~flexible container is provided with a line of perforations along a portion thereof in a way that the first compartment is accessed by tearing the flexible container along the line of perforations.

~~9.~~8. The package according to ~~any one of Claims 1-8~~claim 1, wherein the first and

second compartments are contiguous.

~~10.~~9. The package according to ~~any one of Claims 1-9~~claim 6, ~~wherein the second compartment comprises an elongated opening for accepting a bi-stable band~~further comprising a plurality of one-way positioned in the flexible container in fluid communication with each of the portions of the first compartment to access the food product within the separate portions of the first compartment when the one-way valves are operated from a closed position to an open position.

~~11.~~10. The package according to ~~any one of Claims 1-10~~claim 6, wherein ~~the package is reusable~~the flexible container is provided with a plurality of lines of perforations along a portion thereof in a way that the separate portions of the first compartment are accessed by tearing the flexible container along the lines of perforations.

~~12.~~11. The package according to ~~any one of Claims 1-10~~claim 6, wherein ~~the package is disposable~~the separate portions of the first compartment are equal in size.

~~13.~~12. The package according to ~~any one of Claims 1-12~~claim 6, wherein ~~the first or second, or first and second compartments are hollow rigid container configured and arrange to house a consumable product~~the separate portions of the first compartment are different in size.

~~14.~~13. The package according to ~~any one of Claims 1-13~~claim 1, wherein the first ~~or second, or first and second~~ compartment~~s are~~ is irreversibly sealed.

~~15.~~14. The package according to ~~any one of Claims 1-13~~claim 1, wherein the first ~~or second, or first and second~~ compartment~~s are~~ is reversibly sealed.

~~16.~~15. A method for ~~administering~~ providing a product to a consumer, the method comprising:

providing a wearable package comprising a first compartment ~~for housing~~ with a food product sealed therein and a second compartment ~~for~~ housing a bi-stable band; the bi-stable band moveable between a straight position wherein the package is supported in a flat orientation and a coiled position wherein the package is positionable around the wrist of a consumer;

~~instructing the consumer to wear~~positioning the package around the wrist of the consumer by causing the bi-stable band to move to the coiled position;

breaking the seal of the first compartment; ~~and~~

~~instructing the consumer to consume~~ removing the food product from the first compartment; and

consuming the food product;

wherein the first compartment has a volume from about 1 ounce to about 4 ounces.

~~17.~~16. The method according to ~~Claims 16~~claim 15, wherein the ~~package is selected from the group consisting of those claimed in Claim 1 to Claim 15~~first compartment is divided into at least two separate portions, wherein the food product is divided between the separate portions, and wherein the step of breaking the seal comprises tearing the package at a location corresponding to a selected one of the separate portions.

~~18.~~17. The method according to ~~any one of Claims 16~~ claim 15, wherein the ~~method for administering is a method for administering a pet treat to a pet~~step of breaking the seal comprises tearing the package.

~~19.~~18. The method according to ~~any one of Claims 16–~~claim 15, wherein the ~~method for administering is a method for a snack to a child~~step of breaking the seal comprises tearing the package along a line of perforations.

~~20.~~19. The method according to ~~any one of Claims 16–~~claim 15, wherein the ~~method for administering is a method for nutrition to an athlete~~step of breaking the seal comprises opening a one-way valve positioned in the package in fluid communication with the first compartment.