CLAIMS

1. A patch for relieving lumbago, the patch comprising a backing and an adhesive layer laminated on the backing, wherein

the adhesive layer comprises an adhesive base and 0.70 to 1.50 mg of diclofenac sodium per cm^2 of application area,

the adhesive base comprises at least one selected from the group consisting of a styrene-isoprene-styrene block copolymer and a polyisobutylene, and

the patch is used by applying the patch once a day to a chest region, an abdominal region, a dorsal region, a brachial region, or a femoral region of a human.

2. The patch according to claim 1, wherein the adhesive base comprises the styrene-isoprene-styrene block copolymer and the polyisobutylene.

3. The patch according to claim 1 or 2, wherein the adhesive layer further comprises dimethyl sulfoxide.

4. The patch according to any one of claims 1 to 3, wherein the adhesive layer comprises an organic acid.

5. The patch according to claim 4, wherein the organic acid is oleic acid.

6. The patch according to any one of claims 1 to 5, wherein the adhesive layer further comprises a tackifier.

7. The patch according to claim 6, wherein the tackifier is an alicyclic saturated hydrocarbon resin and a hydrogenated rosin glycerol ester.

8. The patch according to any one of claims 1 to 7, wherein the adhesive layer comprises a plasticizer.

9. The patch according to claim 8, wherein the plasticizer is liquid paraffin.

10. The patch according to any one of claims 1 to 9, wherein a content of diclofenac sodium is 50 to 100 mg.

11. The patch according to any one of claims 1 to 10, wherein the number of patches per application is 1 to 3.

12. The patch according to any one of claims 1 to 11, wherein the backing is a polyethylene terephthalate knitted fabric having a water vapor transmission rate of 1000 $g/m^2 \cdot 24$ hr or more.

13. The patch according to any one of claims 1 to 12, wherein an application area is 50 to 150 cm^2.