

Abstract

The present invention addresses the problem of providing a hygroscopic film and a hygroscopic laminate which absorb a large amount of moisture quickly in order to suppress deterioration of contents caused by moisture absorption. A hygroscopic film comprising, in a laminated manner, at least a resin layer that contains a specific polyethylene resin and a moisture absorption layer that contains a specific polyethylene resin and a moisture absorbing agent, or a hygroscopic laminate comprising a moisture-absorbing sealant layer that contains a gas barrier base layer and a moisture absorbing agent, wherein a second resin layer comprising a specific polyethylene resin and a antistatic agent is laminated in the following order: resin layer, moisture absorption layer, and second resin layer.

[Fig. 1]